Background: During Tulane student run clinical experiences, medical students help provide health screening services to patients in a variety of settings. These settings include homeless shelters, drug rehabilitation centers, and community health fairs. Blood pressure and weight are two common measurements taken by medical students. Patient counseling about complications of hypertension and obesity along with ways to improve these conditions is a critical step to improve health outcomes.

Aim: The goal of this standardized health screening tool is two-fold. The primary goal is to increase patient knowledge about their blood pressure and BMI results. Having students assist patients with creating specific short term health goals aims to increase patient empowerment and compliance with lifestyle changes. A secondary goal is to improve patient education skills among medical students about common medical conditions.

Plan: The standardized health screening documents will be instituted at any interested clinic starting in the Fall of 2019. This document will be given out with an additional form for patients to record their blood pressures by date and track their progress. Additionally, we hope to include a list of primary care providers who can provide stable long term medical management.

Future Directions: Usage of the documents will be tracked at each clinic. Surveys assessing satisfaction with the documents among medical students will be provided and used to improve the forms for greater utility in the future.

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